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## Psychiatric Technician (PT)

### **PT 101                      Psychiatric Tech Training Prog                      (1.5)**

*Class Hours: 27 Lecture*

Psychiatric Technician Training Program Orientation

PT 101 will prepare the student for the West Hills College Psychiatric Technician Training Program. Students will receive a program handbook, orientation to policy and procedures, calendars, syllabi, travel expectations and required material.

### **PT 050                      Anatomy for Nurses                      (2)**

*Class Hours: 36 Lecture*

*Advisory(s): HS-005 and ENG-051A*

Anatomy for Nurses

PT 050 will present an overview of basic human anatomy and physiology necessary to provide psychiatric technician students with the foundational understanding of the structure and function of healthy human body systems and changes associated with aging.

### **PT 051                      Fundamentals of Nursing                      (5)**

*Class Hours: 90 Lecture*

*Prerequisite(s): VNPT 090, HS 080, or PT 050*

*Prerequisite(s): HS 088 or HS 005*

*Corequisite(s): PT 051L*

Fundamentals of Nursing

PT 051 will present basic nursing care skills and the role and responsibilities of the professional nurse/psychiatric technician. Students will learn entry-level patient care skills including the application of critical thinking and the nursing process.

### **PT 051L                      Fundamentals of Nursing Clinic                      (3)**

*Class Hours: 162 Laboratory*

*Corequisite(s): PT 051*

Fundamentals of Nursing Clinical

PT 051L will present basic nursing care skills and the role and responsibilities of the professional nurse/psychiatric technician. Students will attend course in both skills laboratory and community patient care environments including skilled nursing facilities. Students will be required to travel to community sites.

### **PT 052                      Medical Surgical Nursing                      (4.5)**

*Class Hours: 81 Lecture*

*Corequisite(s): PT 052L*

Medical Surgical Nursing

PT 052 will present intermediate and advanced nursing care skills and the role and responsibilities of the professional nurse/psychiatric technician. Students will learn medical/surgical nursing skills using a body-systems approach.

### **PT 052L                      Medical Surgical Nurs Clinical                      (3)**

*Class Hours: 162 Laboratory*

*Corequisite(s): PT 052*

Medical Surgical Nursing Clinical

PT 052L will allow the application of intermediate and advanced nursing care skills in developing the role and responsibilities of the professional nurse/psychiatric technician. Students will learn medical/surgical nursing skills using a body-systems approach, and provide hands-on patient care at community based clinical sites.

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**PT 060 Lifespan for Nurses (2)**

*Class Hours: 36 Lecture*

*Advisory(s): ENG 051A*

Lifespan for Nurses

PT 060 will present an overview of basic human development from gestation through adult necessary to provide psychiatric technician students with the foundational understanding of growth and development during the human life span.

**PT 061 Intro to Developmental Disab. (5)**

*Class Hours: 90 Lecture*

*Prerequisite(s): PT 052 and PT 060*

*Corequisite(s): PT 061L*

Introduction to Developmental Disabilities

PT 061 examines the care of individuals with intellectual and developmental disabilities within the framework of residential care and treatment facilities. Students will learn strategies and concepts that build upon basic nursing skills in the management and care of this special population.

**PT 061L Intro to Developmental Disabil (3)**

*Class Hours: 162 Laboratory*

*Corequisite(s): PT 061*

Introduction to Developmental Disabilities Clinical

PT 061L will provide students the opportunity to apply foundational principals in the care of clients with developmental and intellectual disabilities. Students will be required to travel to community sites and follow policy and procedures according to industry standards.

**PT 062 Developmental Disabilities (4.5)**

*Class Hours: 81 Lecture*

*Prerequisite(s): PT 061*

*Corequisite(s): PT 062L*

Developmental Disabilities

PT 062 examines the care of individuals with intellectual and developmental disabilities originating from genetic and gestational factors. Students will also be presented with the history and use of applied behavior analysis and behavior modifications strategies.

**PT 062L Developmntl Disablties Cincinal (3)**

*Class Hours: 162 Laboratory*

*Corequisite(s): PT 062*

Developmental Disabilities Cincinal

PT 062L will allow the application of nursing care skills in developing the role and responsibilities of the professional nurse/psychiatric technician. Students will develop nursing skills and behavior modification practices within the context of developmental and intellectual disabilities and provide hands-on patient care at community based clinical sites.

**PT 070 Psychology for Nurses (2)**

*Class Hours: 36 Lecture*

Psychology for Nurses

PT 070 will present an overview of human psychology and the many approaches psychologists take in understanding human behavior.

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- PT 071**                      **Intro to Mental Disorders**                      (5)  
*Class Hours:* 90 Lecture  
*Prerequisite(s):* PT-062 and PT-070  
*Corequisite(s):* PT-071L
- Introduction to Mental Disorders  
PT 071 will introduce psychological and mental health concepts as they relate to the professional Psychiatric Technician. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem solving communication, and the use of rehabilitation methods in providing patient care.
- PT 071L**                      **Intro to Mental Disorders Clin**                      (3)  
*Class Hours:* 162 Laboratory  
*Corequisite(s):* PT-071
- Introduction to Mental Disorders Clinical  
PT 071L will allow the introductory applications of hands-on patient care in the area of psychological and mental health to individuals at the forensic clinical sites related to the Psychiatric Technician profession. The causes, prevention and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem solving, communication, and the use of rehabilitation methods in providing patient care. Students will be expected to travel to clinical sites.
- PT 072**                      **Mental Disorders**                      (4.5)  
*Class Hours:* 81 Lecture  
*Prerequisite(s):* PT-071  
*Corequisite(s):* PT-072L
- Mental Disorders  
PT 072 will be an in depth study of psychological and mental health concepts as they relate to the professional psychiatric technician. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem solving, communication, and the use of rehabilitation methods in providing patient care.
- PT 072L**                      **Mental Disorders Clinical**                      (3)  
*Class Hours:* 162 Laboratory  
*Corequisite(s):* PT-072
- Mental Disorders Clinical  
PT 072L will allow the application of intermediate and advanced hands-on patient care of the psychological and mental health of individuals at the forensic clinical sites within the role and scope of psychiatric technician. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem solving, communication, and the use of rehabilitation methods in providing patient care. Students will be expected to travel to distance clinical sites.
- PT 081**                      **Pharmacology 1**                      (1)  
*Class Hours:* 18 Lecture  
*Prerequisite(s):* ENG 051A and VNPT 090  
*Advisory(s):* HS 005
- Pharmacology 1  
PT 081 is an overview of basic pharmacological principles, terminology, legal, and safety aspects of medication administration as it pertains to the role of the psychiatric technician. This course will help students understand drug classifications, effects, and client teaching principles with emphasis on anti-infective, cardiovascular, respiratory, renal, and diabetes medications.
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**PT 082                      Pharmacology 2    (1)**

*Class Hours: 18 Lecture*

*Prerequisite(s): PT 081*

Pharmacology 2

PT 082 is a continuation of basic pharmacological principals, terminology, legal and safety aspects of medication administration as it pertains to the role of the psychiatric technician. This course will help students understand drug classifications, effects, and client teaching principals with emphasis on: central nervous system drugs, musculoskeletal drugs, gastrointestinal drugs, endocrine drugs, non-steroidal anti-inflammatory drugs, anti-anemics, reproductive medications, immunizing agents and antiseptic/disinfectants.

**PT 083                      Pharmacology 3    (1)**

*Class Hours: 18 Lecture*

*Prerequisite(s): PT 082*

Pharmacology 3

PT 083 is a continuation of basic pharmacological principals, terminology, and legal and safety aspects of medication administration as it pertains to the role of psychiatric technician. This course will help students understand drug classifications, effects, and client teaching principals with emphasis on: autonomic system medications, antipsychotics, antidepressants, opioids, sedative-hypnotics, anesthetics, anxiolytics and the principles of drug dependence and addiction.

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